

Wellbeing & HSE Toolbox Calendar 2025

JANUARY	New Year, New Me		FEBRUARY	Healthy Eating on the Go		MARCH	Recharge your Batteries		APRIL	Winter Wellness		MAY	Heart Health		JUNE	Take a Break from the Daily Grind	
	Safety Alert:	<ul style="list-style-type: none">• Summer Hydration & Heat• Floodwater• Snake Bites		Safety Alert:	<ul style="list-style-type: none">• Importance of Mental Health in the Workplace		Safety Alert:	<ul style="list-style-type: none">• Stopping Unsafe Work• Graffiti Remover		Safety Alert:	<ul style="list-style-type: none">• Winter Wellness / Hazards		Safety Alert:	<ul style="list-style-type: none">• Benefits of Eating Healthy• Importance of PPE		Safety Alert:	<ul style="list-style-type: none">• Situational Awareness
	New Year's Day (1st)			Smart Eating Week (AU/NZ)			World Sleep Day (17th) (AU/NZ)			World Health Day (7th) (AU/NZ)			Heart Week (AU/NZ)			Men's Health Week (AU/NZ)	
	HSE Toolbox:	<ul style="list-style-type: none">• Not Available(N/A)		HSE Toolbox:	<ul style="list-style-type: none">• Importance of Mental Health in the Workplace• Noise awareness		HSE Toolbox:	<ul style="list-style-type: none">• Fatigue Awareness• Body stressing		HSE Toolbox:	<ul style="list-style-type: none">• Incident / Hazard Reporting• Dangerous Occurrences / Notifiable Events• Respect at Work		HSE Toolbox:	<ul style="list-style-type: none">• Slips, Trips, & Falls• Chemical management in the workplace		HSE Toolbox:	<ul style="list-style-type: none">• Awareness on Bullying & Harassment (Whistle Blower & Stopline)• Electrical Safety
JULY	Diabetes Awareness		AUGUST	Live Well, Age Well		SEPTEMBER	R U Ok? Day		OCTOBER	Health and Safety Month		NOVEMBER	Men's and Women's Health		DECEMBER	End of year vibes	
	Safety Alert:	<ul style="list-style-type: none">• Electrical Safety		Safety Alert:	<ul style="list-style-type: none">• Chemical Safety & Spill Response		Safety Alert:	<ul style="list-style-type: none">• Maintaining a Healthy Mind		Safety Alert:	<ul style="list-style-type: none">• Working at Height		Safety Alert:	<ul style="list-style-type: none">• Safe Use of Ride on Equipment		Safety Alert:	<ul style="list-style-type: none">• Safe Driving
	National Diabetes Week (AU/NZ)			National Stroke Week (8th -14th) (AU/NZ)			RU OK? Day (8th) (AU/NZ)			Mental Health Awareness Month (AU/NZ)			National Skin Cancer Action Week (AU/NZ)			Christmas (25th) New Year's Day (31st)	
	HSE Toolbox:	<ul style="list-style-type: none">• Manual Handling• Resilience in the Workplace		HSE Toolbox:	<ul style="list-style-type: none">• Handling Sharps & Bodily Fluids• First Aid Management		HSE Toolbox:	<ul style="list-style-type: none">• Fire Safety• Incident / Hazard Reporting		HSE Toolbox:	<ul style="list-style-type: none">• Ladder Safety• Awareness on Bullying & Harassment (Whistle Blower & Stopline)		HSE Toolbox:	<ul style="list-style-type: none">• Dealing with Violence & Aggression• Situational Awareness		HSE Toolbox:	<ul style="list-style-type: none">• Not Available(N/A)

The calendar above is designed to provide information on Monthly Safety toolbox / alerts along with strategies to support good health and wellbeing. With the above, we want to support you by making simple, relevant information easily accessible and building healthy workplaces.

Note: Additional safety toolbox/ alerts may be issued, as a proactive measure to mitigate incidents/ accidents from re-occurrences.