













Wellbeing & HSE Toolbox Calendar 2025

JANUARY	New Year, New Me		FEBRUARY	Healthy Eating on the Go		MARCH	Recharge your Batteries		APRIL	Winter Wellness		MAY	Heart Health		JUNE	Take a Break from the Daily Grind	
	Safety Alert:	<ul style="list-style-type: none"> • Summer Hydration & Heat • Floodwater • Snake Bites 		Safety Alert:	<ul style="list-style-type: none"> • Importance of Mental Health in the Workplace 		Safety Alert:	<ul style="list-style-type: none"> • Stopping Unsafe Work • Graffiti Remover 		Safety Alert:	<ul style="list-style-type: none"> • Winter Wellness / Hazards 		Safety Alert:	<ul style="list-style-type: none"> • Benefits of Eating Healthy • Importance of PPE 		Safety Alert:	<ul style="list-style-type: none"> • Situational Awareness
	New Year's Day (1st)			Smart Eating Week (AU/NZ)			World Sleep Day (17th) (AU/NZ)			World Health Day (7th) (AU/NZ)			Heart Week (AU/NZ)			Men's Health Week (AU/NZ)	
	HSE Toolbox:	<ul style="list-style-type: none"> • Not Available(N/A) 		HSE Toolbox:	<ul style="list-style-type: none"> • Importance of Mental Health in the Workplace • Noise awareness 		HSE Toolbox:	<ul style="list-style-type: none"> • Fatigue Awareness • Body stressing 		HSE Toolbox:	<ul style="list-style-type: none"> • Incident / Hazard Reporting • Dangerous Occurrences / Notifiable Events • Respect at Work 		HSE Toolbox:	<ul style="list-style-type: none"> • Slips, Trips, & Falls • Chemical management in the workplace 		HSE Toolbox:	<ul style="list-style-type: none"> • Awareness on Bullying & Harassment (Whistle Blower & Stopline) • Electrical Safety
JULY	Diabetes Awareness		AUGUST	Live Well, Age Well		SEPTEMBER	R U Ok? Day		OCTOBER	Health and Safety Month		NOVEMBER	Men's and Women's Health		DECEMBER	End of year vibes	
	Safety Alert:	<ul style="list-style-type: none"> • Electrical Safety 		Safety Alert:	<ul style="list-style-type: none"> • Chemical Safety & Spill Response 		Safety Alert:	<ul style="list-style-type: none"> • Maintaining a Healthy Mind 		Safety Alert:	<ul style="list-style-type: none"> • Working at Height 		Safety Alert:	<ul style="list-style-type: none"> • Safe Use of Ride on Equipment 		Safety Alert:	<ul style="list-style-type: none"> • Safe Driving
	National Diabetes Week (AU/NZ)			National Stroke Week (8th - 14th) (AU/NZ)			RU OK? Day (8th) (AU/NZ)			Mental Health Awareness Month (AU/NZ)			National Skin Cancer Action Week (AU/NZ)			Christmas (25th) New Year's Day (31st)	
	HSE Toolbox:	<ul style="list-style-type: none"> • Manual Handling • Resilience in the Workplace 		HSE Toolbox:	<ul style="list-style-type: none"> • Handling Sharps & Bodily Fluids • First Aid Management 		HSE Toolbox:	<ul style="list-style-type: none"> • Fire Safety • Incident / Hazard Reporting 		HSE Toolbox:	<ul style="list-style-type: none"> • Ladder Safety • Awareness on Bullying & Harassment (Whistle Blower & Stopline) 		HSE Toolbox:	<ul style="list-style-type: none"> • Dealing with Violence & Aggression • Situational Awareness 		HSE Toolbox:	<ul style="list-style-type: none"> • Not Available(N/A)

The calendar above is designed to provide information on Monthly Safety toolbox / alerts along with strategies to support good health and wellbeing. With the above, we want to support you by making simple, relevant information easily accessible and building healthy workplaces.

Note: Additional safety toolbox/ alerts may be issued, as a proactive measure to mitigate incidents/ accidents from re-occurrences.

millennium